

What to bring to **MOVE IN!**



Essentials

- Computer
- Headphones
- Laundry Bag/Basket
- Sheets, Comforter, Pillow, & Mattress Pad
- Outlet Strip
- Hangers
- Batteries
- First Aid Kit, Medicine
- Umbrella, Rain Coat
- Padlocks
-  Water Bottle
- Alarm Clock
- Shower Shoes



Keep It Clean

-  Dryer Balls
-  Phosphate-free Laundry Detergent
- Trash Can (recycling bin is provided)
- Micropellet-free Hand Soap & Face Wash
-  Washable Cloth Towels (hand, bath, dish, etc.)
- Shower Caddy
- Recycled Paper Tissues
-  *Alternatively, try using a washable handkerchief!*
- Aerosol Air Freshener
- Disinfectant Spray & Reusable Cloth
-  Clothes Drying Rack
- Iron and Ironing Board



Food for Thought

-  AT LEAST 1 reusable fork, knife, and spoon
-  EnergyStar® Certified Mini Fridge (< 3 cubic feet)
- Phosphate-free Dish Soap
Ex. Method ©
-  Reusable Shopping Bags
- Reusable Cups
-  Reusable Bowl(s) & Plate(s)
-  Mug



Office Space

-  LED Desk Lamp
- Pens, Pencils, and Highlighters
- Desk Organizer
- Calculator
- Scissors
-  Recycled Paper Products (notebooks, index cards, etc.)
- Painter's Tape
- Thumbtacks
- Stapler
- Dry Erase Markers



Storage & Fun

- Shoe Rack Storage
- Containers Closet
- Shelves
- Wall Decorations (posters, pictures, etc.)
-  EnergyStar® Certified Television
- Speakers
- HDMI cable Dry
- Erase Board
- Tool Kit



LEAVE at HOME

Microwaves (unless it is a Microfridge)

Extension Cords

Non-Service Animals

Open-Coiled Appliances (grills, toasters, space heaters, etc.)

Candles and Incense

Weapons

Wireless Routers

Plug-in Air Fresheners

Hooks and Velcro

The leaf indicates sustainable options!

Many companies offer sustainable products



Find rankings and more at GoodGuide.com



What are *micro-pellets*?

Micro-pellets are the tiny ball-like pebbles found in exfoliating hand soaps and facial scrubs. Because these plastic pieces are not biodegradable, they present a threat to marine ecosystems once they are washed down the drain due to harmful chemicals that latch on the surface of the micro-pellets.



What does it mean to be *sustainably sourced*?

All products have a supply chain, and each point of the supply chain can have an environmental impact. Items that are sustainably sourced try to minimize their impact across the supply chain. Examples include tissues that are made with recycled paper or air freshener that does not include toxic chemicals.



How can *cleaning products be sustainable*?

Consider the different parts that make up an item; the packaging, the labels, and the contents. Products like *Method*® dish soap use recycled plastic to create the bottle and exclude any chemicals in the soap that might be harmful to ecosystems once it is washed down the drain.



Why choose *LEDs over CFLs*?

Light-emitting diode (LED) lightbulbs have many advantages over the iconic, twisty compact fluorescent lightbulb (CFL). LEDs run much cooler than CFLs, resulting in a lifetime of 50,000 hours as compared to the CFL's 8,000 hours. Added with the fact that LEDs do not contain the toxic chemical mercury, they are the more environmentally-friendly choice.



Does *reusing my water bottle really make a difference*?

Short answer: yes. Long answer: since we installed our first residential hydration station in 2010, we saved over 60,000 plastic water bottles in four years. This is critical, since it takes 2 times the amount of water to make a plastic bottle than to fill it, and only 1 in 4 plastic bottles is recycled in America. Every little bit makes a difference!